### BULLETIN 2



Join the 3<sup>rd</sup> World Company Sport Games 2020 in the Olympic City of Athens, Greece!

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### 17-21 June 2020

www.athens2020.org

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### **3rd WORLD COMPANY SPORT GAMES**

We are proud to host the third edition of the World Company Sport Games that will take place in Athens, Greece from 17 to 21 June 2020!

The Company Sport's heart will be beating in Athens uniting companies and people from 5 continents, demonstrating in the process the beneficial effects of company sport, whilst carrying a strong message to the whole world:

### "Company sport is not just a sport event: It's a need!"

Following two successful editions of the World Company Sport Games in 2016 and 2018, in Palma de Mallorca and La Baule respectively that welcomed thousands of athletes from across the world, Athens is ready to welcome back companies and competitors that take part repeatedly in the games and inspire new ones to also participate in this vibrant event.

### **39 28 SPORT DISCIPLINES IN OLYMPIC VENUES**

The Olympic Athletic Center of Athens – O.A.K.A., the Official Sports Venue of the Olympic Games 2004, will proudly host the World Company Sport Games 2020! Participants will have the opportunity to compete at the unique facilities of the Olympic Athletic Center of Athens and at other specially selected athletic venues.

The Organizing Committee of the 3<sup>rd</sup> World Company Sport Games will host the Opening Ceremony in the "Panathenaic Stadium", the historical stadium that hosted the first modern Olympic Games in Athens 1896, providing a unique experience to the participants. The Closing Ceremony and Every Day events will be hosted in a festive atmosphere in the "National Athletic Club of Athens- Ethnikos".

### **GREECE, BIRTHPLACE OF THE OLYMPIC GAMES**

For the first time in the history of the World Company Sport Games, participants will compete in one of the most prestigious and globally acknowledged sport centers that showcases the best of the Greek Olympic Heritage!

Athens, surrounded by a lining of stunning seas and mountains, is a safe and travel-friendly city filled with treasures just waiting to be discovered: renowned archeological sites, modern and classical art museums and galleries, spas, chic shops, restaurants and bars, street markets and bazaars, open-air cinemas, sandy beaches, picturesque Greek islands in close proximity and 300 sun-drenched days.

### The Games

### Foreword



The World Company Sport Games are an important institution and it is a great honour for our country to be hosting this outstanding event, the 3<sup>rd</sup> World Company Sport Games. These Games have a significant impact at the image of our country as a sport travel destination. It is a great opportunity for the hospitality industry of our country to provide once more excellent services to the participants. The Ministry of Tourism emphasises the importance of thematic tourism, such as Health and Well-being tourism. This is why we support this effort in every possible way in practice.

We are glad that our country is hosting an event with the participation of more than 7000 athletes from 45 countries; an event at which dozens of individual and team sports will be held, an event that brings us all closer to sports, and reminds us of the significance of values such as Fair Play. I warmly wish that this 3<sup>rd</sup> event of the World Company Sport Games will be successful and that they maintain their leading role in years to come. In our capacity as political leaders we will always support such initiatives and efforts. Good luck!

**Charis Theocharis** Minister of Tourism



It is a great honour for our country, the cradle of sports and the Olympic Games, to be hosting the 3<sup>rd</sup> event of the World Company Sport Games, an event to enhance the principles and values of sports within the work environment.

Greece has a long tradition in excellent organisation of world events in all sports, team or individual, which culminated in the 2004 Olympics and Paralympic Games. Athens, a pole of attraction for hundreds of thousands of tourists from around the globe, is also growing in the sport tourism sector, and is to become an excellent destination for Corporate Sports, turning employees' participation in sports events into an absolute once-in-a-lifetime experience.

Olympic champions, veteran world champions, and amateur athletes are sending the message that at work, just like at sports, fair play, mutual respect and cooperation lead to admirable results.

Furthermore, the World Company Sport Games will present a unique opportunity to upgrade entrepreneurship and the constructive exchange of ideas and expertise between employers and employees from the entire world.

I wish good luck to all participants and organisers and may our guests have a productive and pleasant stay in the historic and beautiful sites of Athens.

#### Lefteris Avgenakis

Deputy Minister for Culture and Sports



Additionally, thousands of athletes from around the world will have the opportunity to experience the athletic facilities of the 2004 Olympics, in the country that was the birthplace of world sports. It is a well-documented fact that a sedentary lifestyle and modern working conditions have a negative impact of citizens' daily life.

Corporate Sports offer a significant incentive for citizens to incorporate sports in their lives, so as to improve their morale, to prevent diseases and to increase productivity and adopt a healthy lifestyle.

The Region of Attica will continue to support and encourage the organisation of such significant sports events as the World Company Sport Games; our top priority is to turn Attica into a Model Region of well-being and high guality of life. I would like to conclude by congratulating everyone who contributed to the effort of organising the 3<sup>rd</sup> event of the World Company Sport Games 2020 and by expressing my warm wishes for a successful meeting.

#### Georgios Patoulis - Regional Governor of Attica

Organization for Company Sport & Health embraces the 2020 World Company Sport Games. It is a to reaffirm our attitude to sports and health, as an integral part of our working environment.

countless moments that we invest at work. All these moments can surely be filled

enduring pursuit.

We are thrilled and proud that for the first time, the World Company Sport Games will be hosted at Olympic venues, at the birthplace of the Olympics!

Kostas Bakoyannis - Mayor of Athens

I would like to welcome to Greece an athletic event so significant and internationally acclaimed as the World Company Sports Games. The Games are to be held in Athens and the Region of the Peloponnese from 17 to 21 June 2020.

It is with great satisfaction for me personally, and for all citizens of our Region, to be holding the golf games in the most modern and dynamic tourist resort, in the beautiful land of West Messenia, namely, at Costa Navarino.

I am absolutely certain that the athletes hosted at Costa Navarino from 18 to 20 June - and all other tourist resorts of Messenia - will enjoy not only their sport, but also their stay. on many levels, in one of the most attractive parts of the Peloponnese; they will have to opportunity to visit a place closely associated with ancient and modern Greek history. It is a land of natural beauty and rich history with an abundance of ancient monuments and impressive castles, among other sites.

A land where traditional hospitality and the excellent and widely known Mediterranean diet - based on the top-quality products of Messenian and Peloponnesian origin, first among them being olive oil and wine - will offer participants memorable life experiences and unforgettable memories.

We are looking forward to welcoming you to the land of myth, the land of history.

Panagiotis Nikas - Regional Governor of Peloponnese

### Foreword



Foreword





WFCS and company sport purpose and activities are today clearly related to a need expressed by both the employees and employers. Whether it is for social issues, management, corporate culture, networking, productivity or health, the positive impact of physical activity within the workplace is now recognized. World Company Sport Games are now the symbol and major star product to promote the development of company sport.

From 17<sup>th</sup> to 21<sup>st</sup> June 2020, Athens will be the host for the third World Company Sport Games. A new important step in the recent history of the Games, in the historical ground of the first Olympic Games and a few years after the 2004 Athens Olympic Games edition.

The choice of the city of Athens and Greece was based on an exemplary application. The total involvement of the city, associations and sports sector as well as the tourism and economic industry, guarantee us that everything will be done to host you in perfect conditions. Athens and Greece, one of the most inspirational and magnificent places in Europe and the World, benefit from accommodation infrastructures that will guarantee you a wide range of choice as well as a high number of quality sport facilities that will enable you to practice sport in perfect conditions.

So confident and enthusiastic, I warmly invite you to come to Athens in 2020 for great moments of friendliness, fair play and sport performance.

**Didier Besseyre** WFCS President



### WORLD FEDERATION FOR **COMPANY SPORT &** HEALTH

The World Federation for Company Sport (WFCS) is a voluntary non-profit organization gathering national company sport or other federations involved with company sport from all continents.

These national federations are referent associations in their own countries to organize activities related to company sport.

Most of these federations' members are companies that differ in their size. form, and activity.

Company sport covers all types of sport and physical activities that can be organized by and within a company.

WFCS aims to promote the development of worldwide company sport.

#### www.worldcompanysport.org



The 3<sup>rd</sup> World Company Sport Games is the most important major multisport event taking place in Greece, after the Athens 2004 Olympic Summer Games and Athens 2011 Special Olympics World Summer Games. It will be our great honor and pleasure to share with you the unique experience of the implementation of the Games in the birthplace of the Olympic Games. Looking forward to welcoming your delegations and providing you with a great experience discovering the Olympic legacy of Athens, the Greek culture and hospitality!

### **Spiros Karavoulis**

President of the Organizing Committee of the WCSG Athens 2020



It is the first time that the WCSG are hosted in an Olympic city and that alone is a stepping stone in the young history of this international event. We have compiled an exclusive experience for athletes, allocating the state-of-the-art Olympic Facilities combined with outstanding organization and wideranging events for a memorable stay.

I wish you an unforgettable trip in the fascinating city of Athens that will reward you with its hospitality, rich history and Mediterranean climate.

NIkos Kerassovitis - HOCSH President

The Hellenic Company Sport Games is the most significant company sports event in Greece.

HOCSH members have the opportunity to participate in European and International Games and Tournaments - EFCS & WFCS Company Sport Games.



### **HELLENIC ORGANIZATION** FOR COMPANY SPORT **AND HEALTH**

HOCSH (Hellenic Organization for Company Sport & Health) is a non-profit organization that aims to bring together companies, employees, sport organizations, other NGOs and the society by facilitating social exchange and health improvement through sport and recreational activities within the company environment.

HOCSH is the authorized Hellenic member of the WFCS (World Company Sport Games) and EFCS (European Federation for Company Sport) and operates under its auspices facilitating the participation of Hellenic Company teams in International Sport events.

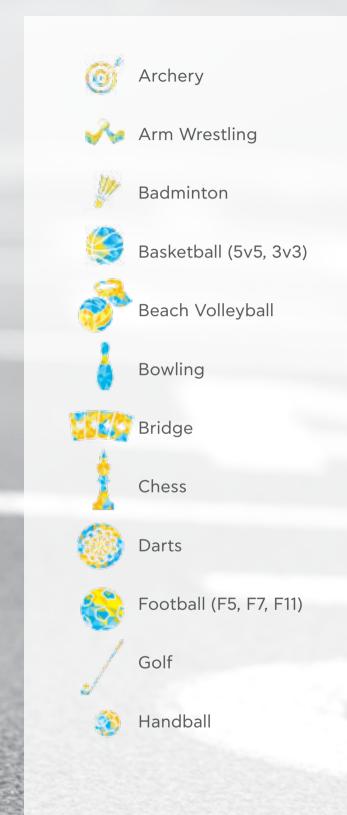
HOCSH has an annual calendar of multiple events and actions attracting thousands of participants.

www.hocsh.org

# Sport Disciplines

We are very proud to provide a wide range of sports, with 28 disciplines, that cover the needs, tastes and athletic abilities of all participants.

Join the sport festival to discover them, watch companies from across the world unite and live an unforgettable experience!





Kettlebell



Mamanet - Catchball



Orienteering



Petanque - Bowls



Rugby-7



Shooting



Squash



Swimming



Table Tennis



Tennis



Track & Field



Volleyball

Paralympic Disciplines







### **Olympic Athletic Center of Athens**

#### Individual and Team tournament

#### Categories

Men Open:
Compound bow, Recurve bow
Women Open:
Compound bow, Recurve bow

All teams consist of 3 players -30m contest



### **Olympic Athletic Center of Athens**

Team Tournament Categories

Men openWomen open

All teams consist of 3-4 players

# Wrestling

Olympic Athletic Center of Athens Individual Tournament Categories • Men Open • Women Open





### Badminton

Olympic Athletic Center of Athens

Team Tournament Categories

- Mixed Open: A team consists of 3-6 players
- Mixed 40+: A team consists of 4-8 players



Team Tournament

**Categories** Open: A team consists of 4 players



### Galatsi Olympic Hall

#### **Olympic Athletic Center of Athens**

Team Tournament Categories

Men openMen 40+Women open

All teams consist of up to 12 players





Olympic Athletic Center of Athens

Team Tournament

**Categories** • Open: All teams consist of 2 players





### Beach Volleyball



Varkiza Beach in Athens Riviera

#### Team Tournament

#### Categories

- Men open & 40+
- Women open & 40-
- Mixed open & 40+

A team consists of 2 players







#### **Olympic Athletic Center of Athens**

Team Tournament according to the Swiss system



**Olympic Athletic Center of Athens** 

Individual and Team Tournament

Categories • Men Open • Women Open





#### Veikou Park Grove

Football 5

Team Tournament

Categories • Men under 40 • Men 40+

A team consists of up to 8 players



# Football 7 🏀

### Athletic Football Center AFC

#### Team Tournament

#### Categories

- Men under 40
- Men 40+
- Man 50
- Women Open
- A team consists of up to 12 players



Hellenic American Educational Foundation

#### Team Tournament

#### Categories

- Men Open
- Women Open
- A team consists of up to 16 players





Olympic Athletic Center of Athens

#### Team Tournament

• Men Open: A team consists of 7-14 players

• Women Open: A team consists of 7-14 players





### Golf

#### **Navarino Dunes**

Individual and Team Tournament

#### Categories

- Gross men
- Gross women
- Three Categories by Handicap:
- A Category: 0 14
- B Category: 15 25
- C Category: 26-36





### Kettlebell 🕋

**Olympic Athletic Center of Athens** 



#### Individual Tournament

#### Categories

- Men Open
- Women Open

#### Disciplines

- Biathlon
- Long Cycle







### Mamanet / 🔊 Catchball

**Peace and Friendship Stadium** 

Team Tournament

Categories



### **Byron's Shooting Range**

Individual Tournament

Categories

Men and Women • Air pistol • Air rifle



#### Veikou Park Grove

Individual tournament

Categories • Men & Women: The participants are divided in 5 classes according to age

**14** Sport Disciplines





### Petanque-Bowls 🔧



### **Olympic Athletic Center of Athens**

Team Tournament

#### Categories

- Open double: A team consists of 2 players
- Open triple: A team consists of 3 players



### **Olympic Athletic Center of Athens**

Team Tournament

Categories • Men Open: A team consists of 7-15 players • Women Open: A team consists of 7-15 players





# Squash

### **Athens Lawn Tennis Club**

Individual Tournament

#### Categories

- Men open & 40+
- Women open
- Mixed open & 40+



### Swimming

Olympic Athletic Center of Athens

Individual and Relay Competitions in 25m pool

Categories

- Men
- Women

Age Classes: Class A (18+), Class B (30+), Class C (40+), Class D (50+), Class E (60+)



Hellenic American Educational Foundation

Team Tournament

#### Categories

• Men open & 40+ A team consists of 6-12 players • Mixed open & 40+ A team consists of 3 women & 3 men

### Table Tennis

Veikou Park Grove

Team Tournament

AVELET AND A PARAMANANA PARAMANANA

Categories • Men open & 40+ • Women open & 40+ • Mixed open & 40+



### Team Tournament

Categories • Men open & 40+ • Women open & 40+ • Mixed open & 40+





### Track & Field

**Olympic Athletic Center** of Athens

Individual & Relay Competitions

Categories • Men • Women

Age Classes: Class A (18+), Class B (30+), Class C (40+), Class D (50+), Class E (60+) 100m - 200m - 400m - 800m - 1500m - 5km - 10km - 4x100m - Long Jump -High Jump -Shot put



### WCSG 2020 5 & 10 km ATHENS RUN Olympic Athletic Center of Athens

20 June 2020 at 10.00

Marathon since Ancient Times.



### Paralympic Discipline 🤄



### Categories • Men Open

• Women Open

Track and Field, Swimming, Petanque-Bowls, Archery

### On Saturday, 20 June 2020, you can take part in our WCSG 2020 5km & 10km Athens Run for Free!

Greece is a pioneer of running events like the Authentic

The unique opportunity to participate in our open running event will be provided to our Athletes and Accompanying persons! Feeling the morning breeze and the Greek sun, our venue

Athens Olympic Center of Athens will host the running event. Our runners will enjoy the race crossing the Nations Wall, the impressive moving sculpture and the Agora, the vaulted and modular structure inspired by the ancient Greek meeting place.

# Venues

Athletes of the 3<sup>rd</sup> WCSG will have the unique opportunity to compete for the first time in renowned sport complexes, glorious sports symbols and indispensable parts of Greece's Olympic legacy.

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Hellenic American Educational Foundation

National Athletic Club of Athens-Ethnikos

Varkiza Beach in Athens Riviera

**Athens Lawn Tennis Club** 

Athletic Football Center AFC

**Blanos Sports Park** 

Byron's Shooting Range (Vironas)

**Costa Navarino** 

Galatsi Olympic Hall

**Olympic Athletic Center of Athens** 

**Panathenaic Stadium** 

**Peace and Friendship Stadium** 

**Veikou Park Grove** 

Venues 19



### OLYMPIC ATHLETIC CENTER OF ATHENS

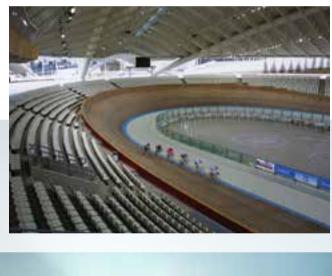
The Olympic Athletic Center of Athens, also known as O.A.K.A, is one of the most complete European athletic complexes.

The Main Olympic Stadium is a modern facility, which provides athletes with all the latest amenities. It also includes areas for all the staff that is necessary for organizing major athletic and cultural events. The construction of the Stadium was completed in in 1982.

The famous roof, designed by the world-known architect Santiago Calatrava, was added for the Athens 2004 Olympic Games.

Inspired by the model of the ancient Greek meeting place, the Agora is a vaulted, modular structure of light steel, which runs in an arc along the northern edge of the Common Domain, alongside a dual band of water and trees. Enclosing a pedestrian arcade of some 18.600 m<sup>2</sup> (200.000 sf), the Agora provides a pleasantly shady shelter, with fresh air, for the path and facilities within.

The Nations Wall is a sculpture made of tubular steel. Designed so that it can move mechanically in a wavelike motion, the monumental sculpture is 250m (820ft) long by 20m (66ft). It is designed so that it could serve as a giant screen for projections.











### COSTA NAVARINO

Costa Navarino is steadily raising its profile as a prime, sustainable destination in the Mediterranean by additionally offering a world-class golf experience on the first two signature golf courses in Greece. Its credentials are impressive: Two 18hole signature courses in idyllic settings next to two of the finest golf resorts in Greece, five-star hotels and outstanding resort facilities, a virtually endless choice of other sports and activities, plus great weather all year round... to name just a few. With everything from shoes and buggies to full sets of golf clubs available for hire, golfers can select an amazing golf package for their golf breaks in Greece and test their skills while enjoying their holidays at the ultimate golf resort.

### THE DUNES COURSE

The impressive seaside Dunes Course is the first signaturedesigned golf course in Greece, set in a diverse natural landscape with spectacular sea and river views.

Measuring 6,581 yards, this award-winning 18-hole course has been designed to provide an exciting challenge to all golfers in an enchanting environment of lush olive groves, undulating greens and wide fairways.



### THE BAY COURSE

The second signature golf course in Greece, the Bay Course, is situated just a short walk from Navarino Dunes and offers an alternative golfing experience in a different landscape.

This 18-hole seaside course meanders through three natural landscapes - Seaside, Canyon and Grove - providing striking contrasts and views of the sea and mountains for a truly memorable golfing experience.







### ATHENS LAWN TENNIS CLUB

The Athens Lawn Tennis Club has a history of more than 120 years! It was honored to host the tennis sport in the first modern Olympic Games (1986) and in the Middle-Olympiad (1906) in his sports facilities.

2 Leof. Vasilissis Olgas, 105 57 Athens

### **GALATSI OLYMPIC HALL**

The Galatsi Olympic Hall was the site of table tennis and rhythmic gymnastics at the 2004 Olympic Games.



137 Leof. Veikou, Galatsi, 111 46 Athens

### ATHLETIC FOOTBALL CENTER AFC

Founded in 2002, the aim of the AFC is to create a place for entertainment and sports for football fans.

9 Epifilis, Chalandri, 152 32 Athens





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### **BLANOS SPORTS PARK**

SportsPark has the most updated Bowling facilities available all year. Modern corridors with the Auto-Scoring System are waiting for you to enjoy moments of relaxation and fun.

> 1<sup>st</sup> km, Pikermi Avenue, 190 04 Spata, Athens





### BYRON'S SHOOTING RANGE

The first Pan-Hellenic Air Force and Firearms Shooting Games in 2014 took place at Byron's Shooting Range.

Vironas, 162 33 Athens

### **VEIKOU PARK GROVE**

A green park of 256 acres, Veikou Park Grove is an all-sport inclusive venue in terms of sports infrastructure and facilities, offering basketball courts, tennis, volleyball, football field, 5x5 pitch, swimming pool, track & field, skating rink and multi-purpose indoor gym where major sporting events are hosted.

Galatsi, 111 47 Athens



### HELLENIC AMERICAN EDUCATIONAL FOUNDATION

The Stefanos Delta Stadium in the Psichico campus of Athens College was inaugurated in 1954 with state-of-the-art facilities at the time (track and field, sport courts etc.).

15 Stefanou Delta, Psichiko, 154 52 Athens

### VARKIZA BEACH IN ATHENS RIVIERA

At Varkiza Beach, apart from relaxation and a wide gastronomic selection you will also find a range of activities such as: Beach tennis, beach volley, free aqua aerobic and fitness events, as well as water sports.

Varkiza Coast, 166 72 Athens





## Website & Social Media



World Company Sport Games 2020 is social! Athletes, Accompanying persons and Friends will have the opportunity to explore the Games online!



Visit our official website: www.athens2020.org and SUBSCRIBE NOW!

- Like us on Facebook "2020 World Company Sport Games", share with us your special moments of preparation trainings and get the Games vibe!
- we are already on!
- You can also find us on Youtube and subscribe at our channel "2020 Athens World Company Sport Games"!

### MOBILE APP

World Company Sport Games in Athens will launch an especially designed Mobile App! Information about sports and venues, the latest news, scores and more will be available with the most up-to-date information. You will be able to download the WCSG2020 App very soon!



### PEACE AND FRIENDSHIP STADIUM

PEACE AND FRIENDSHIP STADIUM has been inaugurated on February 16, 1985 at the 1st Panhellenic Indoor Track And Field Championship.

In March 1985 the SEF hosted the first major sporting event, the European Indoor Track and Field Championship, known as the PSC '85.

It is worldwide known for the organization of major European and World Championships in track & field, basketball, volleyball, table tennis, handball, wrestling, fencing, rhythmic gymnastics, weightlifting, boxing and all indoor sports.

The Peace and Friendship Stadium, commonly known by its acronym SEF is a multipurpose indoor arena that is located in Piraeus, on the coastal zone of Attica, Greece. The arena is mostly known for being the home to EuroLeague team Olympiacos, and is the central venue of the Faliro Coastal Zone Olympic Complex.

The arena complex also contains a 942-seat amphitheater, a weight training room, a full practice facility and three auxiliary courts. It is easily accessed by metro or by car.

Follow us on Instagram "athens2020wcsg", post your photos with the Hashtag #WCSG2020 or #Athens2020,

Website & Social Media

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### Events

Name in States

The Organizing Committee of the 3<sup>rd</sup> WCSG is hosting the Opening Ceremony in the Panathenaic Stadium, the most historical stadium worldwide, providing a unique experience to the participants!

The Closing Ceremony and Every Day Events will be held in the "National Athletic Club of Athens - Ethnikos" in a festive atmosphere!

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**OPENING CEREMONY • CLOSING CEREMONY** 







### **OPENING CEREMONY**

### Elegance and timeless charm at the Panathenaic Stadium

The Panathenaic Stadium is the classical cultural and touristic monument of Greece and one of the most significant monuments not only for Athens, but for the whole Greece. Its rich history is directly connected to the Modern Olympic Games as of their revival in 1896 until the Athens Olympic Games in 2004. It is also the place from where the Olympic flame begins its journey to the cities of the Olympic Games, both Winter, Summer and Youth.

All the athletes from country-members of the World Federation of Company Sports will participate in a magnificent parade during the Opening Ceremony of the Games. The Opening ceremony will be a spectacular introduction combining the Ancient Greek spirit, tradition and modern Athens vibes. We will celebrate in the Greek sunset this big Ceremony by the unique way Greece loves to do.

Music, inspirational choreographies and sensational surprises will frame the Grand Opening Ceremony of the 3<sup>rd</sup> World Company Sport Games amalgamating the festive ceremony with the majestic feeling that the Panathenaic Stadium inspires.

### CLOSING CEREMONY AND EVERY DAY EVENTS

Closing Ceremony & Every Day Events in a festive atmosphere at the "National Athletic Club of Athens - Ethnikos"!

In the heart of Athens, opposite to Zappeion Megaron and between Panathenaic Stadium and the columns of the Temple of the Olympian Zeus, there is a unique space surrounded by green areas that will accommodate the Closing Ceremony and Every Day Events. Overlooking the Acropolis and the Ardittos Hill these events will be unforgettable!

Music, huge screens presenting the sports events of the period, refreshments, dance shows and spectacular happenings will boost the festive atmosphere, offer our athletes and accompanying persons the true feeling of Greek vibes and "κέφι" (kefi), a Greek word that can't be translated and is generally described as the spirit of joy and an overpowering emotion filled with passion and enthusiasm.





### Greece

During your stay in the heart of Greece, Athens, you have the unique opportunity to visit idyllic destinations in beautiful Peloponnese and the surrounding regions.

**Athens • Peloponnese • Other destinations** 



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### ATHENS

Surrounded by a lining of stunning seas and mountains, this safe and travel-friendly city is filled with treasures just waiting to be discovered: renowned archeological sites, modern and classical art museums and galleries, spas, chic shops, restaurants and bars, street markets and bazaars, open-air cinemas, sandy beaches, picturesque Greek islands in close proximity and 300 sun-drenched days.

### **ARTS & CULTURE**

The city's rich classical tradition and its geographical location - at the crossroads of cultures - have always lent it a formidable platform for artistic expression. That high regard for the arts continues today, with a mushrooming of modern innovations. Every year, the city's cultural calendar presents exhibits and festivals of international scope, original productions and notable artistic happenings.

### **SIGHTSEEING**

Athens takes the fuss out of sightseeing. It is a user-friendly town thanks to the pleasant demeanor of the English-speaking Athenians and the easy to use and manageable transportation system. The visitor can see a lot in one day. Archaeological Sites & Classical Greek Monuments, Byzantine Monuments & Ottoman Monuments, Museums, Art Galleries, street performances, festivals. For all people visiting Athens, the Acropolis remains a "must see", along with Panathenaic Stadium for the sport's side of ancient history.

### **THE ACROPOLIS - THE PARTHENON**

A monument that constitutes the symbol of Greece worldwide, stands on the "sacred rock" of Athens, the Acropolis. The Parthenon, a marble temple dedicated to Goddess Athena, along with the other monuments of the Acropolis. are all excellent pieces of art, reflecting the Classical period and the Golden Age of ancient Athens in the 5<sup>th</sup> and 4<sup>th</sup> centuries B.C.

### PANATHENAIC STADIUM

Originally built in the 4<sup>th</sup> century B.C. for the athletic competitions of the Great Panathinaia (ancient Greek festivities), the Panathenaic Stadium took its final form during its most recent restoration at the end of the 19<sup>th</sup> century. It is made of marble and the Greeks also call it "Kallimarmaron" (meaning "made of beautiful marble"). It was the venue for the first modern Olympic Games, in 1896. Do not forget that Athens is one of the few European cities where you can visit a museum during the day and jet off to a nearby island at night.



#### **GETTING AROUND**

A state-of-the-art metro system, wide avenues, an efficient public transportation system and a compact city center, all make moving around Athens easy and convenient. The Athens transportation network now includes new buses, pollution-free trolleys, tram and a revamped electric railway system that connects to two metro lines. Piraeus's port, in short distance from the Athens city center, serves national and international sea lines. The modern highways make driving to and from the city, a pleasant experience.

### GASTRONOMY

Gourmet and traditional Greek cuisine in the past decade, has become one of the most popular in the world as it has been proven to provide a flavorful healthy and balanced diet. Culinary aficionados are encouraged to delight in the myriad of sophisticated restaurants that boast tastes and interiors inspired from all parts of the world. The local and traditional outdoor seaside taverns and cafes are plentiful and a cultural mainstay.

Greece





#### **SHOPPING**

Shopping in Athens, a showcase for its traditional and modern culture and lifestyle, can be a fascinating and satisfying experience for all. Amidst the many wellknown international name brand outposts and traditional Greek art and folklore shops, are hundreds of chic boutiques and specialty stores blossoming with great fashion finds for every taste and budget. Make sure to stop in at one of the many wonderful year-round outdoor cafés and restaurants to make your experience of shopping in the Athenian way, complete!

#### **SEA & SUN**

Athens is the only European city surrounded by pristine beaches, where you can swim for many months during the year. Visit a beach in Athens and you are likely to feel like you're on a Greek island, as you are greeted with stretches of crystal sands, fine pebbles and breathtaking, blue clean waters. Some beaches boast barren rocks and cliffs that carve caves and coves you can explore. Other beaches have floating bars, music and seaside spas, while others are secluded for romance. Most offer beach amenities, such as lounge chairs, umbrellas, lifeguards, fun playgrounds, restaurants and water sports for all ages.

In Athens, enjoying a sunset stroll or a seaside meal is a part of daily life. Walk on the many Athenian esplanades lined by tropical palm trees. Beach hopping is made possible by the new tramway. Hop-in from the center of Athens and watch the sun set over the Saronic Gulf.



Useful Links	
City of Athens:	
Municipality of Athens: www.cityofathens.gr/en	
Athens Convention & Visitors Bureau: www.athenscvb.gr	
The official City of Athens guide: www.athisisathens.org	

#### Transportation:

Athens International Airport El. Venizelos: www.aia.gr Athens Urban Transport Organization: www.oasa.gr Metro of Athens: www.ametro.gr Athens Piraeus Electric Railways (ISAP): www.isap.gr



### Museums:

The Ministry of Culture and Tourism: www.culture.gr Acropolis Museum: www.theacropolismuseum.gr National Archaeological Museum: www.namuseum.gr Embassy Phone Numbers: <a href="http://www.web-greece.gr">www.web-greece.gr</a> Police Station Phone Numbers: www.astynomia.gr





### PELOPONNESE & OTHER DESTINATIONS

Monuments from every period of the eventful Peloponnesian history, great archeological sites such as ancient Olympia, Epidaurus, Mycenae and Tirynth, Byzantine churches, natural beauties such as mountains, forests, rivers and caves surrounded by the sea, sandy and smooth coasts on the west - rocky and dentelated on the east, make this part of Greek land ideal for holidays, touring, sports and connecting to the history and culture.

Especially during the summer season many tourists travel to Peloponnese from all over the world to explore it.



Peloponnese with its gulfs in Korinthos, Patra, Saronic, Messinia, Argolida and Laconia looks like a plane tree leaf and that is why it was formerly called "Morias". It has dry climate on the east, cold, snow and rich vegetation in its central and mountainous parts and rain and heat on the west.

People settled in Peloponnese since the middle Paleolithic era (circa 100.000 years B.C.). The Greek civilization began during the Copper era and after 2000 B.C. came in the area the First Greeks. Few centuries later, Mycenaeans are the center of Greek world. Excavations verify the legend of Homeric Mycenaean, while the ruins in Pylos match the references for the well-known King Nestor's palace in west Peloponnese.

In 1200 B.C. Dorian and Aetoli arrive in Peloponnese and construct Korinthos, Argos and Sparta. The Olympic Games where athletes from all over Greece participate take place in Olympia every four years. After centuries, Phillip the Macedonian arrives in Peloponnese and then the Romans. In 393 B.C. the Byzantines abolish the Olympic Games, in 1294 arrive the Franks and later the Turks. In 1827 after the sea battle in Navarino ends the Ottoman/ Egyptian occupation and Peloponnese becomes the first part of new independent Greece.



### THE BEAUTIFUL MESSINIAN REGION

Messinia region, located in the southwest of Peloponnese, is a breathtaking land, full of contrasts. Sandy beaches and beautiful blue waters are combined with valleys, olive groves and mountains. At the surrounding areas, visitors can explore fascinating castles, picturesque villages with stone built houses, introducing the unique architectural tradition, and the unique wild beauty of Taygetos mountain.

### KALAMATA

Kalamata, the capital of Messinian land, is a lively city holding a strong cultural and historic past. Urban reconstruction has improved the city centre, where cultural events take place and are considered of great importance, such as the Kalamata International Dance Festival which is particularly popular. The town is filled with plenty of different entertainment options; mezedopolia (small tavernas serving traditional tidbits), cafés and clubs will assure your amusement. Wander through the old town's narrow alleys, take a stroll to the main square leading to a park, the harbour and the beach.

Greece

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#### **MESSINIA**

Messinia is the land that will take your breath away! Messinia is full of contrasts and welcoming inhabitants and is only two hours drive away from Athens. Kalamata, the capital of Messinian land, is a vibrant city holding a strong cultural and historic past. Towards the south part of Messinia don't forget to visit Ancient Messene and the Ancient Theatre, which has been largely restored. While you tour Messinia visit Pylos, Nestor's Palace, Methoni and Koroni. Choose your base and discover the surrounding region. For nature enthousiasts, a stop by Neda River and waterfalls is a must. Neda is the only river in Greece that holds a womans name and is located between Messinia and Ileia.

### LOUTRAKI, HERAION & HERAION (VOULIAGMENI) LAKE

Loutraki is located in the entrance of Mythical Peloponnese, only 80km away from the capital city of Greece, Athens. Loutraki is renowned for its thermal springs, famous since Antiquity, when the city was called Thermai, in honor of Thermia Artemis. The region is also visited for its Casino and appreciated for its natural mineral waters. At a short distance from Loutraki, you will encounter the cape of Heraion of Perachora also known as Melagavi. The cape stands alongside one of the largest lighthouses of the Corinthian Bay. Important relics of the early Corinthian Civilization have been discovered in the area. The sanctuary of goddess Hera, located at the depth of the harbour, near the rocks on which the current lighthouse is built. was of great importance in its time.

### NAFPLIO

Greece's first capital has been built in a cove in the Argolic Gulf. The town and surrounding area are endowed with a natural beauty that has remained untouched over the centuries, and bear a pristine character, traditions and a very rich history. Nafplio is one of Greece's most beautiful towns, a favorite destination for a short distance weekend getaway. Nafplio is enveloped in a romantic atmosphere that you will feel as you get acquainted with the town's history.

### **CHALKIDA**

Chalkida, the capital town of Evia, is also called the "weekend island"! It could very well be seen as a suburb in the outskirts of Athens as a 45-minute drive – past the impressive High Bridge – will get you there. Have a coffee break by the seafront – a favorite place among the young – and enjoy the view of Evripos straits.







#### SARONIC ISLANDS

The Saronic islands of Aegina, Poros, Hydra, Spetses and Methana are the most popular sailing destinations, along with the east coast of the Peloponnese and the nearest cycladic islands of Kea (Tzia) and Kythnos. In the Argosaronic gulf and along the east coast of the Peloponnese you can make use of superb sailing and well-organised port facilities in the historical cities of Nafplio and Tolo as well as marinas in Porto Heli, Astros and Leonidio.

In the serene atmosphere of the islands you will see what real Greece is all about while you mingle with the locals in tavernas and kafeneia (traditional cafés).

### Participation

The priority of the Organizing Committee of the Athens WCSG2020 is the provision of high quality services and has therefore managed to obtain competitively priced all-inclusive packages providing:

- Discounted participation fee to the WCSG 2020 sport/competition entered
- 4 nights' BB accommodation at the selected hotel (3\* 5\*)
- Roundtrip Transfers from/to the Athens International Airport to the selected Hotel
- $\checkmark$ Entry ticket to the Opening ceremony at the Panathenaic Stadium, the iconic Athenian monument where the Olympic flame takes off on the route to the next Olympic Games host city. Bonus entry to non-accessible parts of the stadium is included!
- Entry to the Every Day Social Events and the Closing Ceremony both hosted at a magnificent Acropolis view venue, the "National Athletic Club of Athens - Ethnikos"
- Daily unlimited transportation to/from the sports & events' venues through ATH.ENA Card for using 5 days the ATHENS public transport network:
  - Athens Metro
  - Athens Suburban railway (city link)
  - Tram
  - Buses
  - Trolleybus
- Welcome kit
- First Aid assistance on-site
- Complimentary drinking water at sport facilities
- Accredited referees in most disciplines
- Participation at the WCSG 2020 5km Athens Run on Saturday, 20 June 2020  $\checkmark$
- $\checkmark$ Special offers for travel services

With a wide range of services on offer, to suit every taste and accommodate the needs of all participants, you are guaranteed to find a fitting option at idyllic locations like the Olympic City of Athens or Messinia that will make your time in Greece and your experience at the 3<sup>rd</sup> WCSG an unforgettable one!

\*For an overview of GOLF ALL INCLUSIVE SERVICES please refer to our website: www.athens2020.org



WCSG2020 OFFICIAL HAT

WCSG2020 HAT WITH PERSONALIZED LOGO

### **OFFICIAL WCSG ATHENS 2020 MEMORABILIA**

### VISIT OUR OFFICIAL WEBSITE WWW.ATHENS2020.ORG AND VIEW OUR SIGNATURE **COLLECTION! GUARANTEE YOUR TEAM A COOL AND SPORTIVE APPEARANCE WITH** WCSG ATHENS2020 VIBES!

World Company Sport Games 2020 is now branding an exclusively designed collection of sport kits and memorabilia for our athletes and accompanying persons from all over the world. INTERSPORT S.A., one of our valuable partners will launch WCSG 2020 special collection and you have already the opportunity to make your order!

All athletes will enjoy Games in yellow and blue, as sun and sea!

You have the great opportunity to make your exclusive WCSG 2020 order designed with the



WCSG2020 OFFICIAL T-SHIRT



Official Memorabilia **43** 



### Dining

Buffet Dinner, offering a delicious variety of Greek traditional food items including salads, cold, hot dishes and desserts tasting amazing, will be available every day from 17 June to 20 June 2020 in the unique space (3,550 m<sup>2</sup>), surrounded by greenery, of Athens National Athletic Club in the heart of Athens, opposite to Zappeion Megaron and between Panathenaic Stadium and the columns of the Temple of the Olympian Zeus. After the end of a busy day due to your participation in different sport categories do not miss the opportunity to enjoy an unforgettable dinner overlooking the Acropolis and the Ardittos Hill.

### Hours of Operation:

17 June 2020 15:30-18:00 18 June 2020 18:30-21:30 19 June 2020 18:30-21:30 20 June 2020 17:30-20:00

Please note that light lunch options will be available at each sports venue during the competitions.

For further information please contact us directly at travel@athens2020.org

### **WEDNESDAY** 17 **JUNE 2020**

**THURSDAY** 

18 **JUNE 2020** 

**FRIDAY** 

19

**JUNE 2020** 

**SATURDAY** 

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**JUNE 2020** 

09.00 - 20.00 Arrival of the participants, accreditation at the Event Center "National Athletic Club of Athens - Ethnikos"

15.30 - 18.00 Buffet Dinner at the Event Center

19.00 - 20.00 "Panathenaic Stadium" Gates Opening

20.00 - 21.30 Opening Ceremony at the historic "Panathenaic Stadium"

09.00 - 17.00 Competitions

18:30 - 21.30

20.00 - 24.00 After Sports Party at the Event Center Music, huge screens presenting the sports events of the period, refreshments, dance shows and spectacular happenings will boost the atmosphere.

09.00 - 17.00 Competitions

18:30 - 21.30

20.00 - 24.00 After Sports Party at the Event Center shows and spectacular happenings will boost the atmosphere.

09.00 - 16.00 Competitions and Awards

17.30 - 20.00 Buffet Dinner at the Event Center "National Athletic Club of Athens - Ethnikos"

20.00 - 21.00 Closing Ceremony at the Event Center

21.00 - 24.00 Farewell Party at the Event Center

**SUNDAY** 21 **JUNE 2020** 

Individual departure of the participants

### Schedule

Buffet Dinner at the Event Center "National Athletic Club of Athens - Ethnikos"

Buffet Dinner at the Event Center "National Athletic Club of Athens - Ethnikos"

Music, huge screens presenting the sports events of the period, refreshments, dance



### Dining for Golfers

Our Buffet dinner offers a delicious variety of Mediterranean cuisine with a Greek modern touch, including salads, cold or hot dishes and desserts. Golfers Dinner will be available every day from 18 June to 20 June 2020 in a unique place located on the vibrant and elegant beach of Gialova with crystal-clear waters and the spirited energy of Navarino Bay and the Sfakteria island. "Natura Restaurant by Zoe Resort" surrounded in the cove of Navarino Bay and protected from the wind is a perfect beachfront venue with stunning Panoramic views of the Ionian sea. The summery scent of the sea breeze, the turquoise blue of the water and the silky sand against your feet meet the warmth of a Greek smile.

### Hours of Operation:

18 June 2020	19:30-21:00 Dinner
19 June 2020	19:30-21:00 Dinner
20 June 2020	19:30-21.00 Dinner

For further information please contact us directly at travel@athens2020.org



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WEDNESDAY 17 JUNE 2020	09.00 - 20.00 Arrival of the participants 15.30 - 18.00 Buffet Dinner at the Event Center 19.00 - 20.00. "Panathenaic Stadium" Gates Op 20.00 - 21.30 Opening Ceremony at the histor
THURSDAY <b>18</b> JUNE 2020	<b>09.00 - 17.00</b> Accreditation at Costa Navarino <b>18:30 - 21.30</b> Buffet Dinner at the "Natura Res <b>20.00 - 24.00</b> After Sports Party at Zoe Resort
FRIDAY <b>19</b> JUNE 2020	<b>09.00 - 17.00</b> Golf Tournament Day 1 <b>18:30 - 21.30</b> Buffet Dinner at the "Natura Res <b>20.00 - 24.00</b> After Sports Party at Zoe Resort
SATURDAY 20 JUNE 2020	<b>09.00 - 16.00</b> Golf Tournament Day 2 - Awards <b>17:30 - 20.00</b> Buffet Dinner at the "Natura Res <b>20.00 - 24.00</b> Farewell Party
SUNDAY <b>21</b> JUNE 2020	Individual departure of the partie
For all Golfers picking	an accommodation package there

For all Golfers picking an accommodation package there will be a transfer from ATHENS to COSTA NAVARINO in Messenia region.

**Option 1:** Transfer upon arrival in Athens International Airport. Upon your arrival in Athens International Airport a direct coach transfer to COSTA NAVARINO will be available.

**Option 2:** Transfer after the Opening Ceremony.

Upon your arrival in Athens International Airport you will be transferred to the Event Center (just next to the Opening Ceremony venue). After the end of the Opening Ceremony, a coach transfer to Costa Navarino will be available. Please note that luggage handling will be provided in this case.

Round trip transfer from the official hotels is provided by the WCSG Organization.

# Schedule for Golfers

er pening pric "Panathenaic Stadium" o - Practice Day staurant by Zoe Resort" staurant by Zoe Resort" S staurant by Zoe Resort"

icipants

Schedule for Golfers **47** 





### Official Travel Partner-

Erasmus Conferences & Events S.A. is a leading Event Organizing company, based in Athens, Greece. Since 1993 Erasmus has been committed to creating event experiences by providing customized, innovative solutions with a focus on meeting clients' needs and objectives. Our company's well-trained and multilingual team of 24 dedicated, talented and enthusiastic members is always available to design with attention to detail and deliver high quality meetings, experiences and events anywhere in the world.

With more than 50 projects per year for local and international clients, Erasmus excels as a trustful and loval partner in creating unique experiences of any scale. It provides the full range of event management and hospitality services having handled in its 26 years over 250.000 participants, 430.000 room nights and 1 million meals.

The company, self-financed and constantly growing, is ranked among the top Professional Event Organizers in Greece and has been assessed with the Strongest Companies in Greece certificate twice. It is a full member of IAPCO, ICCA and the Athens Convention & Visitors Bureau as well as EN ISO 9001:2015 certified for its quality management system.

Professionalism, integrity and business ethics are among the core values of Erasmus and each member of the team is committed to exceeding clients' expectations.

**Erasmus Conferences & Events S.A.** is distinguished for its extensive network of top guality suppliers, logistic excellence, attention to detail and integration of new technologies in all its operations. Having handled events as small as 15 participants and as big as 12.000, Erasmus possesses the experience and know-how of effectively addressing complicated organizational needs and ensuring a smooth process always with a smile at the service of its clients!

www.erasmus.gr



World Company Sport Games constitute a unique opportunity to visit and explore beautiful Greece while the hot sun is shining above the endless blue. You can definitely combine your trip with an excursion in nature, modern yacht, an islands cruise or the unique experience of a visit at Ancient Monuments such as Acropolis, Parthenon or Mycenae. Acropolis Museum for history enthusiasts or Vineyards of Nemea for wine lovers would be the cherry on the top of this magical journey.

These services are organized by our official travel partner Erasmus Conferences & Events S.A.

For more information, please send an email at travel@athens2020.org

# Conference



### In today's fast paced, stressful and high demanding professional reality the quest for adopting and maintaining a healthy lifestyle within the workplace is vital.

With this in view, Hellenic Organization for Company Sport & Health in cooperation with Erasmus Conferences & Events, co-organize the 1st Active & Healthy Workplaces Conference which will take place in Athens on June 16-17, 2020 under the auspices of the European Lifestyle Medicine Organization.

The Conference is strategically scheduled to take place on the eve of the Athens 2020 World Company Sport Games to facilitate those who wish to participate in both events.

### Who should attend?

HRs or OHS Managers, CEOs, General Managers or simply employees interested in improving lifestyle at work and keeping the right balance between workload, tight deadlines and a healthy and easygoing lifestyle. The Conference is also addressed to:

- Academics, researchers and students in the fields of health sciences, sports management, business administration, HR, physical education
- Sports services providers
- Employees /athletes participating in the 2020 World Company Sport Games
- Everyone interested in improving their lifestyle at work and keeping the right balance between workload, tight deadlines and a healthy and easygoing lifestyle

Topics include:

- Public policies for physical activity within the workplace
- Benefits of promoting a healthy lifestyle within the workplace
- Financial aspects of adopting a corporate culture of active and healthy lifestyle
- Encouraging healthy eating at work
- Mental health and wellbeing in the workplace
- Challenging issues in active & healthy workplaces
- Best practices from companies that have already adopted active and healthy lifestyle at work
- Featured European Lifestyle Medicine Organization session

The sessions will be complemented by several parallel activities including healthy snacks, Tai Chi sessions and mindfulness techniques.

Visit the website www.activeworkplacesconference.org for further details on the program.

Register now and join the Conference for two days of expert presentations, vivid discussions and case demonstrations!

We are looking forward to welcoming you to the 1st Active & Healthy Workplaces Conference in one of the world's oldest cities, the magnificent and historical city of Athens.

Conference

# Auspices













www.athens2020.org