



SCHEDULE

Athens Olympic Athletic Center of Athens (OAKA)

October 7th – 8th – 9th 2021

Organized by

Hellenic Organization of Company Sports

Location

Athens Olympic Athletic Center of Athens OAKA Kifisias 37, 151 23 Marousi, Athens

Training Field K1

Session Dates and Times:

The event will take place on Thursday 7th, Friday 8th and Saturday 9th of October 2021

Meet Starts at 09:0 AM the different track & field disciplines

Timing

Automatic Timing System with horn Start. All results will be official.

1 Day: Thursday 7 October 2021

Time	Track Meet	Accusation
09:00	100m	Men A
09:05	100m	Men B
09:15	100m	Men C
09:20	Shot Put	Men A - B
09:25	100m	Men D
09:30	100m	Men E
09:35	100m	Women A
09:40	100m	Women B
09:50	100m	Women C
09:55	100m	Women D
10:00	100m	Women E
10:00	Shot Put	Men C
10:15	1500m	Men A
10:25	1500m	Men B
10:35	1500m	Men C
10:35	Shot Put	Men D



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10:45	1500m	Men D
10:55	1500m	Men E
11:05	1500m	Women A
11:15	1500m	Women B
11:20	Shot Put	Men E
11:25	1500m	Women C
11:35	1500m	Women D
11:40	Shot Put	Women A - B
11:45	1500m	Women E
12:15	Shot Put	Women C
12:50	Shot Put	Women D - E

2 Day: *Friday 8 October 2021*

Time	Track Meet	Accusation
08:20	5000m	Men A
08:50	5000m	Men B
09:00	Javelin	Men A - B
09:20	5000m	Men C
09:40	High Jump	Women A - B
09:50	5000m	Men D
10:20	High Jump	Women C
10:25	5000m	Men E
10:30	Javelin	Men C
11:05	5000m	Women A - B
11:10	Javelin	Men D
11:20	High Jump	Women D - E
11:45	5000m	Women C
12:20	Javelin	Men E
12:25	5000m	Women D - E
13:10	400m	Men A
13:15	400m	Men B
13:25	400m	Men C
13:35	400m	Men D
13:45	400m	Men E
13:55	400m	Women A
14:00	400m	Women B
14:05	400m	Women C
14:15	400m	Women D



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14:20	400m	Women E
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3 Day : Saturday 9 October 2021

Time	Track Meet	Accusation
09:00	200m	Men A
09:05	200m	Men B
09:15	200m	Men C
09:15	Long Jump	Men A
09:25	200m	Men D
09:35	200m	Men E
09:45	200m	Women A
09:50	200m	Women B
09:55	200m	Women C
10:00	200m	Women D
10:05	200m	Women E
10:00	Long Jump	Men B
10:15	800m	Men A
10:25	800m	Men B
10:35	800m	Men C
10:45	800m	Men D
10:55	800m	Men E
11:05	800m	Women A
11:10	Long Jump	Men C
11:15	800m	Women B
11:25	800m	Women C
11:35	800m	Women D
11:45	800m	Women E
12:05	Long Jump	Men D
12:00	4 X 100m	Men A
12:15	4 X 100m	Men B
12:30	4 X 100m	Men C
12:40	4 X 100m	Men D
12:45	Long Jump	Men E
12:50	4 X 100m	Men E
13:05	4 X 100m	Women A
13:15	Long Jump	Women A
13:20	4 X 100m	Women B



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13:30	4 X 100m	Women C
13:35	Long Jump	Women B
13:45	4 X 100m	Women D
13:50	Long Jump	Women C
14:00	4 X 100m	Women E
14:20	Long Jump	Women D - E

Awards

Medals will be awarded to the three first athletes in each discipline, as well as to the three first teams.

Entries Deadline

All entries must be submitted by Monday September 21st 2021.

Information – Clarifications

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