



PROCLAMATION

Swimming

Class division

- Men
- Women

Division

1. The participants are divided in 5 classes according to age.
2. Age grouping is the same for both men and women.

- Class-A: 18 - 30 years
- Class-B: 31 - 40 years
- Class-C: 41 - 50 years
- Class-D: 51 - 60 years
- Class-E: over 60 years

Game model

Individual swimming trials.

Disciplines

There are 10 swimming trials:

- Freestyle
 - 50 m
 - 100 m
 - 200 m
- Backstroke
 - 50 m
 - 100 m
- Breaststroke
 - 50 m
 - 100 m
- Butterfly
 - 50 m
- 100m Medley
- 4 x 50 m Men Medley Relay
- 4 x 50 m Women Medley Relay

- 4x100m Relay Freestyle

Rules

1. Unless otherwise specified, the rules of the International Swimming Federation apply.
2. Even a referee must apply the international rules.
3. Detailed game rules are published in the tournament program.