



PROCLAMATION

Football 7

Class division

- Men Under 40
- Men Over 40
- Men Over 50
- Women "Open Class" for all ages

Game model

1. A team consists of up to 12 players. 6 players and 1 goalkeeper on the field and the rest as substitutions. In the event the number of players in a team drops to less than four (including the goalkeeper), the match must be discontinued.

- a. 3 field players may be replaced at any time in each game on application to the referee.
- b. The goalkeeper may be replaced when play is interrupted.

- a. The off-side rule is not used.
- b. Sliding tackles are prohibited.
- c. Free kicks must be made from a distance of 6.5 m.

Matches

1. The tournament will be held under the ABC Pool/CUP system to even out differences in strength between the participating teams.

2. The teams are ranked in each pool on points, so that the team with most points is no. 1 and the next-best team is no. 2 etc.

* If 2 teams are tied, the games they have played together decide the result.

* If the teams are still tied, the team with the biggest difference between goals scored and then the most goals scored, is the winner.

Playing time

Each match in the Over 40s and Over 50s classes lasts 30 minutes, split into two halves of 15 minutes each, with a five-minute half-time interval; in the open class a match lasts 2 x 20 minutes with a five-minute half-time interval.

Ball

Size no. 5 (circumference 68-73 cm)

Equipment

They must wear regular soccer boots / shoes special for artificial surfaces

Goal dimensions

4.88 m x 2.44 m - min. 4.00 m x 2.00m - max. 5.50 m x 2.44 m

Field dimensions

min. 50,00 m x 40,00 m - max. 80,00 m x 60,00 m

Games can be played on artificial grass.



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Rules

1. In principle, the seven-a-side competition follows the rules of the International Federation of Association Football (FIFA).
2. The team captains are requested to submit the list with their players' names and corresponding squad numbers to the tournament director 30 minutes before their first match is to begin. The players' squad numbers must remain the same for all matches. The teams must be ready 30 minutes before each match.
3. There is no limit to the number of substitutions that can be made. However, players can only be substituted during breaks in play.
4. Instead of a yellow card, the referee cautions a player by sending him/her off for 5 minutes; in the event of a repeat offence during the same match, the player must leave the pitch for the remainder of the match.
5. In the event of a serious offence, the player is excluded for the entire remaining duration of the match (= red card) and is banned from participating in the team's next match. Depending on the severity of the offence, the tournament director may also ban the player for the entire duration of the tournament.
6. A player who has been issued a red card is banned from participating in the team's next match.
7. In the event that two teams are wearing the same colour, the team listed first on the schedule must change their jerseys. All players must wear shin pads.
8. There are no offside rules.
9. The penalty mark is 7m away from the goal.
10. When a team has a corner or free kick, the players of the opposing team must be at least 6.5m away from the ball.