

# **PROCLAMATION**

## **Swimming**

#### Class division

- Men
- Women

#### Division

- 1. The participants are divided in 5 classes according to age.
- 2. Age grouping is the same for both men and women.
- Class-A: 18 30 years
  Class-B: 31 40 years
  Class-C: 41 50 years
  Class-D: 51 60 years
  Class-E: over 60 years

### Game model

Individual swimming trials.

#### **Disciplines**

There are 10 swimming trials:

- Freestyle
  - o 50 m
  - o 100 m
  - o 200 m
- Backstroke
  - o 50 m
  - o 100 m
- Breaststroke
  - o 50 m
  - o 100 m
- Butterfly
  - o 50 m
- 100m Medley
- 4 x 50 m Men Medley Relay
- 4 x 50 m Women Medley Relay
  - 4x100m Relay Freestyle

#### Rules

- 1. Unless otherwise specified, the rules of the International Swimming Federation apply.
- 2. Even a referee must apply the international rules.
- 3. Detailed game rules are published in the tournament program.