



PROCLAMATION

Orienteering

Class division

- ❖ Men
- ❖ Women
- ❖ Individual tournament for women and men with additional team score (3 players per company).

Division

1. The participants are divided in 5 classes according to age
2. The grouping applies to both men and women

Class-A:	18 - 30 years
Class-B:	31 - 40 years
Class-C:	41 - 50 years
Class-D:	51 - 60 years
Class-E:	over 60 years

Disciplines

There are 2 Events:

- Classic single distance
- Sprint distance

Rules

1. The rules of the International Orienteering Federation (IOF) apply.
2. The "Sport Ident" (SI) system will be used to record times at the control points.
3. The scoring in the individual events is based on the results.
4. The team score consists of the accumulated times of the 3 registered team members.
5. Even a referee must apply the international rules
6. Detailed game rules are published in the tournament program