



# PROCLAMATION

## Swimming

### **Class division**

- Men
- Women

### **Division**

1. The participants are divided in 5 classes according to age.
  2. Age grouping is the same for both men and women.
- Class-A: 18 - 30 years
  - Class-B: 31 - 40 years
  - Class-C: 41 - 50 years
  - Class-D: 51 - 60 years
  - Class-E: over 60 years

### **Game model**

1. Individual swimming trials.

#### **Disciplines**

1. There are 10 swimming trials:

50 m Freestyle  
100 m Freestyle  
200 m Freestyle  
4 x 100 m Freestyle

50 m Backstroke  
100 m Backstroke

50 m Breaststroke  
100 m Breaststroke

50 m Butterfly  
100m Medley:  
4 x 50 m Mixed Medley Relay  
4x100m Relay Freestyle

### **Rules**

1. Unless otherwise specified, the rules of the International Swimming Federation apply.
2. Even a referee must apply the international rules.
3. Detailed game rules are published in the tournament program.