



# PROCLAMATION

## Football 7

### **Class division**

- Men "Open Class" for all ages
- Men "Senior Class" for 40 years and over (40+)
- Women "Open Class" for all ages

### **Game model**

1. Instead of yellow cards, the referee sends off the players for 5 minutes and ultimately for the rest of the game if the offence is repeated.
2. A team consists of up to 12 players.
  - a. 3 field players may be replaced at any time in each game on application to the referee.
  - b. The goalkeeper may be replaced when play is interrupted.
3.
  - a. The off-side rule is not used.
  - b. Sliding tackles are prohibited.
  - c. Free kicks must be made from a distance of 6.5 m.

### **Matches**

1. The tournament will be held under the ABC Pool/CUP system to even out differences in strength between the participating teams. (see general information Sports disciplines - point 5 Tournament planning - page 25).
2. The teams are ranked in each pool on points, so that the team with most points is no. 1 and the next-best team is no. 2 etc.
  - \* If 2 teams are tied, the games they have played together decide the result.
  - \* If the teams are still tied, the team with the biggest difference between goals scored and then the most goals scored, is the winner.

### **Playing time**

- \* 2 x 20 minutes.
- \* Pause between halves max. 5 minutes.

### **Ball**

Size no. 5 (circumference 68-73 cm)

### **Equipment**

Regular football boots/shoes with studs and shin pads must be worn.

### **Goal dimensions**

4.88 m x 2.44 m - min. 4.00 m x 2.00m - max. 5.50 m x 2.44 m

### **Field dimensions**

min. 50,00 m x 40,00 m - max. 80,00 m x 60,00 m  
Games can be played on natural or artificial grass.



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## Rules

1. Unless otherwise specified, the rules of the International Football Federation apply.
2. Even a referee must apply the international rules.
3. Detailed game rules are published in the tournament program